

Race Report – Pitsford Triathlon Standard 2016

A weekend for records – Entry level, women's course record and as the later runners will attest the start of record temperatures in the UK.

The day started off with light breezes, cloudy and in the race centre a light drizzle at times but with good visibility decent conditions for the swim which this year was in three waves. Jordon Simmons from Northants Tri repeated his usual start to this event by being out of the water first in a time of 19:43, pretty quick but would be eclipsed by Samantha Rose who managed a blistering 19:07, more on her later.



Matthew Glenn was next out in 21:02 but he was quickly followed by a bunch which included James Flack from Solihull and Andrew Fisher. On the Bike Andrew Fisher from the Lincoln Club and Matthew Glenn from Rugby were practically matching peddle stroke for peddle stroke and as they came into transition

only 8 seconds separating them. Jordon Simmons had dropped back a few places with Dave Lane managing the fastest Bike split of the day with a 64:42.



On the run the close battle between Andrew and Matthew continued as they ran stride for stride around the pretty trail that loops the reservoir. In the end Andrew had the greater reserves eventually finishing 58 seconds ahead in 2:06:00, Jordon found his running legs with the fastest Run split of the day moving up to take the remaining podium slot.

Turning to the ladies, as already mentioned Samantha Rose headed the women's race with a cracking Swim which she consolidated on the Bike and also on the run extending her lead on three disciplines to finish in a course record time of 2:15:46 and 5th overall and of course winner of her age category.

The bragging rights for 2nd and 3rd though were much more closely contested; trailing Stacey Dransfield from Ntri by nearly two and half minutes after the swim Tamara Hardman from Rugby managed to overturn that deficit on the Bike and convert it into a lead of over a minute by T2. Although Stacey closed 15 seconds on the run Tamara had enough in hand to hold second place by 49 seconds; both ladies recording overall results inside the top 20. It also meant that both of their clubs were represented on both podiums





There was close racing up and down the field and the age groups being hotly contested. It was also great to see so many clubs turning up in numbers with NTri, Wellingborough and Rugby using the event as their club championships and Welland Valley also turning up in numbers.

Apart from great racing this also fostered a great party atmosphere at the finish in the Country Park

My sincere thanks to everyone that entered the event but particular thanks to our brilliant team of Marshals most of who come from the Wellingborough District AC but also included members of the Northampton Sailing Club, Northampton Canoe and Kayak Club and Sam Green who looked after the management of the water side of things and Cheryl Boston for the rub downs.

Also thanks to race referee Jamie Gordon for being so enthusiastic about the event and helping make sure of fair play.

Thanks to Debbie Samwell and the rangers at Brixworth Country Park, Angela Tarry at Anglian Water and of course our Sponsors **PITSFORD CYCLES and PHYSIOFIXX**

Steve Adams

Race Director

Age Group Prize Winners

Men 17-18	1st	Stephen Burgess	Hillingdon Triathletes	Women 17-18	1st	Anna Haywood	Leicester Triathlon Club
Men 19	1st	Joshua Davies	NTri	Women 20-24	1st	Georgie Tuffin	-
Men 20-24	1st	Jordan Simmons	Nortants Tri	Women 20-24	2nd	Heather Douglas	Loughborough Students Triathlon
Men 20-24	2nd	Ben Smith	WVTri Club	Women 25-29	1st	Samantha Rose	Team Torq
Men 20-24	3rd	Jacob Hendrickson	Higham Harriers	Women 25-29	2nd	Claire Walker	Rugby Triathlon Club
Men 25-29	1st	Matthew Glenn	Rugby Triathlon Club	Women 25-29	3rd	Martine Crofts	WDAC
Men 25-29	2nd	Thomas Roche	Lincoln Triathlon Club	Women 30-34	1st	Gemma Royles	-
Men 25-29	3rd	Tim Webster	-	Women 30-34	2nd	Sarah King	Redway Runners
Men 30-34	1st	Craig Walker	Rugby Triathlon Club	Women 30-34	3rd	Jeni Kirby	Nortants Tri
Men 30-34	2nd	Paul Meigh	Rugby Triathlon Club	Women 35-39	1st	Stacey Dransfield	NTri
Men 30-34	3rd	Stephen Dransfield	NTri	Women 35-39	2nd	Sarah Booker	Rugby Triathlon Club
Men 35-39	1st	Dave Lane	-	Women 35-39	3rd	Kamilla Norman	Cambridge Triathlon Club
Men 35-39	2nd	Lester Allen	Cambridge Triathlon Club	Women 40-44	1st	Emma Bush	WVTri Club
Men 35-39	3rd	Guy Sanders	Rugby Triathlon Club	Women 40-44	2nd	Jo Love	Nortants Tri
Men 40-44	1st	Matt Quinn	Team MK	Women 40-44	3rd	Kate Southorn	WVTri Club
Men 40-44	2nd	Marc Humphrey	NTri	Women 45-49	1st	Tamara Hardman	Rugby Triathlon Club
Men 40-44	3rd	Giles Brook	-	Women 45-49	2nd	Cath Weiss	NTri
Men 45-49	1st	Andrew Fisher	Lincoln Triathlon Club	Women 45-49	3rd	Sacha Trude	Bedford Harriers
Men 45-49	2nd	James Flack	Solihull Triathlon Club	Women 50-54	1st	Sadie Murphy	Leicester Triathlon Club
Men 45-49	3rd	Doug Hosking	Cambridge Triathlon Club	Women 50-54	2nd	Linda Whitelegg	1485 Tri Club
Men 50-54	1st	Robert Pinfield	Shires Triers Triathlon Club	Women 50-54	3rd	Maria Prout	-
Men 50-54	2nd	Anthony Baross	Wootton Tri	Women 60-64	1st	Val Bridges	Nortants Tri
Men 50-54	3rd	James Sinton	Shires Triers Triathlon Club				
Men 55-59	1st	Brian Haycock	Rugby Triathlon Club				
Men 55-59	2nd	Jack De Bokx	-	Relay	1st	Tom Mutlow, Rob Hill, Ralf Anstis	Team Keen 2016
Men 55-59	3rd	Mark Andreae	Stamford Tri Club				
Men 65-69	1st	Michael Smallwood	Rugby Triathlon Club				
Men 65-69	2nd	Gerold Kraemer	A5 Rangers CC				