



## Pitsford Triathlon – Sprint Distance

**6<sup>th</sup> May 2018**

### Race Report



Pitsford Triathlon – Sprint Distance, contested for the first time in 2016, is now in its third year and is growing in popularity. As we arrived early to see the mist over the reservoir we knew we were in for a glorious day's weather for the race. After a week of closely monitoring the water temperature a few days of sunshine put us in a comfortable position for a full distance swim.

128 individual triathletes and 6 relay teams took on the 750m swim in Pitsford Reservoir before tackling the 20.6km bike course and 5km run.

First out of the water was Nick Binder with a swim split of 08:15, followed by a tight grouping comprising Lewis Cherry, Mark Yeoman and Aaron Wiles all completing the swim in less than 11 minutes.

It was Richard Appleton with the fastest bike split on the day (23:38) but consistent times from Yeoman, Hazel and Cherry saw them finish the bike leg in a strong position to battle for a podium finish on the run.



Thanks to a fast swim leg, it was Lewis Cherry from the PMA Race Team who came in to take first place on the podium with a superb time of



65:26:00. He also took first place in his age category of 25-29. Mark Yeoman representing Sigma Sports managed to hold on to second place with a very respectable time of 66:46:00 and Iain Hazel of Rossendale Tri Club took third place (67:40). Mark Yeoman also taking 1<sup>st</sup> place in age category 40-44.



### Top three men:

**Lewis Cherry (right) with Iain Hazel (Mark Yeoman having to leave early)**

### Top three women:

**Sarah Fraser (centre) with Cath Weiss on the right of picture and Claire Hall on the left**



First female out of the water was Sarah Fraser with a time of 12.55 closely followed by Cath Weiss with a swim time of 13.05. It was Sarah Fraser who had the fastest bike split (37:51) starting to cement her podium finish followed again by Cath Weiss (38:09), Claire Hall was now working her way back up the field with a strong 39:10 on the bike. Sarah's dominance of the race continued with the run which led to her taking first place on the podium for the women with a time of 74:06, as well as first place in her age category of 35-39. Cath Weiss of Speedhub took second place not far behind Fraser with a respectable time of 76:44 and finished first in her age category of 45-49. Claire Hall of Born to Tri battled hard on the run to secure third place.

This year we welcomed 6 relay teams, with "Welland Valley Mixed Tri A" taking first place with a time of 82:08, followed by "Its all your fault!" in second and "Jo's Team" some of whom had travelled from the Scotland to take part finishing



in 3<sup>rd</sup>. Further back in the field there were many other personal achievements. Huge congratulations go to all the triathletes who completed their first open water triathlon with us. We look forward to seeing many of you again for Pitsford Triathlon – Standard Distance on 17<sup>th</sup> June. Hopefully we will be blessed again by the beautiful weather.

<b>Top Three Men</b>		
<b>Position</b>	<b>Name</b>	<b>Time</b>
1	Lewis Cherry	65:26
2	Mark Yeoman	66:46
3	Iain Hazel	67:40

<b>Top Three Woman</b>		
<b>Position</b>	<b>Name</b>	<b>Time</b>
1	Sarah Fraser	74:06
2	Cath Weiss	76:44
3	Claire Hall	80:07

### **Age Group Winners**

<b>Age Group</b>	<b>Male</b>	<b>Time</b>		<b>Female</b>	<b>Time</b>
U20	Harry Hammond	72:19			
20-24	Thomas Dickinson	68:10			
25-29	Lewis Cherry	65:26		Kate Parrish	81:22
30-34	Andy Turner	72:33		Martine Crofts	95:31
35-39	Aaron Wiles	69:40		Sarah Fraser	74:06
40-44	Mark Yeoman	66:46		Claire Hall	80:07
45-49	Russell Kelf	74:18		Cath Weiss	76:44
50-54	David Pulford	78:56		Louise Perry	84:31
55-59	Steve Taylor	86:46		Wendy Griffin	98:36
60-64	Philip Kidd	88:01			

### **Relay Teams**

1<sup>st</sup> Tracey Southwell, Wayne Holton, Ian Southwell - 82:08

2<sup>nd</sup> Nicki Makay, Caroline Hewitt, Penny Kidd – 88:43

3<sup>rd</sup> Jo Totty, Giles Lenthall, Tracey Lenthall – 89:07

## Up Next with Go Beyond Sport...



### Triathlon England Bedford Team Relays with Eastern Region Championships: Sunday 27th May

- **SOLD OUT**
- Spectators welcome

RACE INFO

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### Pitsford Standard Triathlon Brixworth Country Park, Northampton: Sunday 17th June

- 07:30am First Wave
- Swim 1.5k - Bike 40k - Run 10k
- Three superb courses
- Commemorative Top for all finishers
- Entry Fee £59.00 (BTF members), £64.00 (unaffiliated)

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